

## MTA Guidelines for Sparring & Competition for Children.



- 1. All competition involving children is to strictly follow the MTA rules.
- 2. All MTA member clubs are to follow the member protection policy.
- 3. The MTA only recommends Muaythai competition with MTA rules.
- 4. All sparring in clubs for juniors is to be done:
  - In head geaR.
  - In shin guards.
  - With a form fitted mouth guard.
  - With groin protection.
  - In appropriate size and quality gloves.
- 5. All junior sparring is to be supervised by a Trainer at all times and strictly controlled.
- 6. No juniors are to compete or participate in competition level sparring, or competition without a medical clearance.
- 7. All head contact in sparring is to be controlled. Juniors must always demonstrate an ability to protect their head or the sparring is to be stopped.
- 8. Sparring and competition is voluntary, and any junior can withdraw if desired.
- 9. MTA clubs cannot conduct sparring with juniors or enter juniors in competition without written permission form parents and a signed MTA indemnity form. parent/guardian.
- 10. Parents and coaches are to always act with respect towards both children in sparring and competition. Parents are only to shout positive and encouraging support during sparring or competition when spectating.
- 11. Matching of children for competition requires the written permission of a parent or guardian.
- 12. Juniors are to weigh in for competition in Muaythai shorts. Females are to also wear a crop top, as the minimum dress requirement. Photos of junior weigh ins should not to be posted on social media.
- 13. All social media regarding junior competition is to be positive towards both competitors, officials, trainer and promoters. The MTA Social media policy applies to all parents/guardians of children that compete. Consider the reputation of the sport whenever anything is posted.

THE MTA DOES NOT RECOMMEND OR ENDORSE ANY JUNIOR COMPETITION WITHOUT HEADGEAR AND OTHER APPROPRIATE SAFETY EQUIPMENT FOR JUNIORS.

AS DETAILED IN THE MTA RULES.